COURSE INFORMATION

Course Prefix/Number: NUR 214 or LANU 214
Course Title: Mental Health Nursing
Lecture Hours/Week: 2.0
Lab Hours/Week: 6.0
Credit Hours/Semester: 4.0

VA Statement/Distance Learning Attendance
Textbook Information
Student Code and Grievance Policy
Attendance Statement (3-30-4000.1)

COURSE DESCRIPTION

This course facilitates the utilization of the nursing process to assist in meeting the needs of patients with common mental health problems. Focus is on the dynamics of human behavior ranging from normal to extreme.

COURSE CONTENT

Module 1: Mental Health and Mental Illness; Ethical and Legal Issues; Relationship Development and Therapeutic Communication; Milieu – the Therapeutic Community; Community Mental Health Nursing and Military Families
- Formulate a definition of Mental Health and Mental Illness.
- Identify and interpret the implications of Ethical and Legal Issues in Mental Health.
- Apply the concepts of Relationship Development and Therapeutic Communication.
- Define and identify Milieu: The Therapeutic Environment.
- Discuss the role of Community Mental Health Nursing.

Module 2: Substance–Related and Addictive Disorders; Schizophrenia Spectrum and Other Psychotic Disorders; Depressive Disorders; Bipolar and Related Disorders; Eating Disorders; Children and Adolescent Disorders
- Identify the nursing role in caring for patients with Substance-Related Disorders.
- Identify the nursing role in caring for patients Schizophrenia and other Psychotic Disorders.
- Compare and contrast Mood Disorders-Depression.
- Compare and Contrast Mood Disorders- Bipolar Disorder.
- Identify the nursing role in caring for patients Eating Disorders across the lifespan.
- Identify the nursing role in caring for patients: Children and Adolescents.
Module 3: Intervening in Crisis; Anxiety, Obsessive – Compulsive and Related Disorders; Somatic Symptom and Dissociative Disorders; Personality Disorders; Survivors or Abuse or Neglect; The Aging Individual

- Formulate a plan for Intervening in Crisis.
- Compare and Contrast Anxiety Disorders.
- Define and identify Somatoform and Dissociative Disorders.
- Define and identify Personality Disorders.
- Identify the nursing role in caring for Survivors of Abuse and Neglect.
- Identify the nursing role in caring for the Aging Individual.

STUDENT LEARNING OUTCOMES

Upon completion of NUR/LANU 214, Mental Health Nursing, the student will be able to function, at an advanced level, in the roles of Provider of Care, Manager of Care, and Member within the Discipline of Nursing by demonstrating the following:

- **Caring**: Support concepts of caring and holism when providing care for the psychiatric patient across the lifespan.
- **Communication**: Discriminate between effective and ineffective professional verbal, non-verbal and written communication skills while interacting with patients, peers, faculty, and other healthcare professionals.
- **Critical Thinking**: Implement accurate and appropriate clinical decisions while providing nursing care to the psychiatric patient.
- **Teaching/Learning**: Select appropriate principles of teaching/learning in order to develop a teaching plan related to a patient or group of patients’ assessed needs that reduce risks and promotes, maintains, and facilitates optimal health.
- **Professional Behaviors**: Evaluate the role of a professional nurse when providing holistic care for the psychiatric patient across the lifespan.
- **Nursing Process**: Implement an accurate and comprehensive nursing care plan that involves advanced assessment utilizing functional health patterns, appropriate goals, appropriate interventions and evaluation of the plan of care for the psychiatric patient.

MINIMAL STANDARDS

The student will demonstrate student learning outcomes as stated in the syllabus. Student evaluation for the course includes a graded theory component and a clinical component. A student must achieve a final grade of 80% or better in the theory component in order to successfully complete the course. A final average grade below 80% constitutes failure of the course. In addition, a satisfactory rating in the clinical setting is required to successfully complete this course. A copy of the clinical evaluation tool is included in the syllabus addendum.

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<tr>
<th>Grade</th>
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<tr>
<td>A</td>
<td>91 - 100</td>
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<td>B</td>
<td>86 - 90</td>
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<td>F</td>
<td>Below 70</td>
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Average of Module Exams
Cumulative Final Exam

ATI Test Required
Completion of a proctored ATI test is required by the scheduled due date (see course calendar).

EVALUATION AND GRADING STRATEGIES

Theory Component
Achievement in theory will be measured by module exams and the assigned standardized tests. Grades will be rounded to the nearest whole number after final computation of grades. Any student found guilty of cheating or being involved in plagiarism will be given a grade of “0” on an exam or written work and will be subject to further disciplinary action.

Clinical Component
Achievement in clinical competency will be measured by observation and addressing the Student Learning Outcomes of student performance. Each week, the student will submit a weekly evaluation addressing the learning outcomes. This evaluation tool must be submitted electronically at the assigned time each week to the clinical instructor. The clinical instructor will evaluate the student each week using the criteria on the Evaluation of Clinical Performance Tool. In order to pass the clinical portion of this course, a final evaluation of satisfactory (S) is required. If the student is unsuccessful in meeting the learning outcomes on the final evaluation tool, the student will receive a grade of (U) unsatisfactory. This will constitute failure of the course, regardless of the theory grade.

COURSE REQUIREMENTS

Academic Integrity
The policies stated in the York Technical College Handbook will be enforced. Any student violating these policies will be subject to academic discipline.

Other Requirements
In order to meet the objectives of class and clinical and to promote professional accountability, the following requirements for attendance will be enforced:
Students must attend 90% of all class requirements.
Students must attend 100% of all clinical. There is only one scheduled make up clinical day. Students who are tardy for scheduled classes will not be allowed to interrupt the class; they may enter the classroom at the first break.
Absences from a clinical assignment without notifying the instructor prior to the start of the clinical day will result in a grade of a clinical Unsatisfactory.

Electronic Devices
Permission from the Instructor must be obtained for any taping in the classroom of lectures, activities, and case studies prior to class. There will be ABSOLUTELY no electronic devices permitted during exam reviews. All telephones must be off, or on vibrate, when attending lecture.

METHODS OF INSTRUCTION

Learning Management System (D2L), assigned reading, audiovisuals and computer lab experience, handouts, written assignments, discussion, individual conferences, professional articles, and study guides/learning exercises.
Computer Requirements
Nursing courses use the Internet. It is recommended that students have a computer manufactured no earlier than 2008 with a Windows XP, Vista, or Windows 7 operating system. More information on supported browsers and system requirements can be found at http://etc.yorktech.com/DistanceLearning/Browsers.htm. Students must have access to the Internet - preferably with a DSL or cable modem or access to the campus open computer labs.

Learning Activities/Assignments*
*Students may be required to complete additional learning activities to enhance knowledge.

ENTRY LEVEL SKILLS
See Clinical Evaluation Tool

PREREQUISITES

COL 101 or LANU Elective; ENG 101 or ENGL 101; ENG 102 or ENGL 102; BIO 210 or BIO 243 & 243L; BIO 211 or BIOL 244,244L; BIO 225 or BIO 250, 250L; PSY 201 or PSYC 101; MAT 110 or MAT 111; NUR 104 or LANU 104; NUR 206 or LANU 206; NUR 106 or LANU 106; NUR 159 or LANU 159; NUR 211 or LANU 211; NUR 209 or LANU 209; NUR 229 or LANU 229

CO-REQUISITES

Humanities elective; General elective

DISABILITIES STATEMENT

York Technical College
Any student who feels s/he may need an accommodation based on the impact of a disability should contact the Special Resources Office (SRO) at 803-327-8007 in the 300 area of Student Services. The SRO coordinates reasonable accommodations for students with documented disabilities.

University of South Carolina Lancaster
Students who may need accommodations for a disability should contact The Office of Disability Services by phone at 803-313-7448 or by email lancods@mailbox.sc.edu. Information on Disability Services at USCL may be accessed at http://bulletin.usclancaster.sc.edu/content.php?catoid=74&navoid=9060.